



The Spirit of Tea Making : A Simple Guide to Enjoying Taiwanese Tea

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Margaret Ledoux

The Spirit of Tea Making : A Simple Guide to Enjoying Taiwanese Tea Margaret Ledoux

"This is a treasure of a book and like... the tea tasting, is infused with grace, clarity, strength and beauty." Mary Chua, tea aficionado "I thoroughly enjoyed reading The Spirit of Tea Making. It made me want to board a plane for Taipei just to taste these wonderful teas that the author so obviously loves." Reni Singer, Publisher of Tahanan Books "Written with warmth and grace this little guide unites tea lovers across the globe in the simple enjoyment of Taiwan's finest oolongs. A delightful read for all tea lovers." CD Hsu, Bao Cha Tea Boutique, Taipei, Taiwan Margaret has travelled the world both as a health consultant and as a diplomat's wife. Born in the UK she left her home country in 1978. She met and married her French husband in 1981 and now holds both British and French nationality. She lived with her husband in Taiwan from 2007 to 2011. During this time, she learnt to appreciate Taiwanese oolongs and the spirit of friendship and sharing that accompanies tea drinking. However, it was when they moved to the Philippines that Margaret felt the need to share her growing passion for Taiwanese tea. Feeling unwell soon after her arrival in Manila, she received a large tin of oolong from a Taiwanese friend, with the instruction to drink a mug of tea thrice a day. The medicine worked and her desire to share her experience was born. Seeing her sincere interest in the oolongs of Taiwan, Margaret's friend Christi engaged tea master Nancy Chao to teach them the art of tea appreciation. Back in Europe, Margaret plans to continue sharing her passion using her skills as tea master through regular tea tastings. Her journey of discovery continues.

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